

**POST DIAGNOSIS;**  
**Colour is reduced to whites and plant forms become spiky and harsh.**

A 'Top down hedge' of trailing plants atop a mesh fence represents the feeling of entrapment from symptoms of MS.

The cave-pod is a biophilia retreat where the sufferer's circle of support can meet to heal and re-energise. A soft lining of bung moss, seating to view the journey and curtain waterfall aid reflection and mindfulness

A ceramic stumpey surrounded by spiky planting in silvers and whites represents the pain of symptoms.

**POINT OF DIAGNOSIS**

The bridge represents the point of diagnosis, often devastating. The structure of the bridge shows the often hidden support of many who help MS sufferers get through the initial diagnosis. (3.4 Bridge schematics)

Hot temperatures exaggerate the symptoms for MS sufferers so cool colours have been used throughout the garden

**BEFORE DIAGNOSIS;**  
**Full of life and colour, a palette of soft planting in cool pinks and blues.**

A semicircular wooden seat amongst softer planting represents the good days, where life with MS can be full and satisfying, reached by a 'Step of faith' from the pod.

Hard landscaping consists of various elements of limestone, concrete and photographic paving in a unifying colour.

